



EMERGENCY CARE PLAN

This plan outlines what to do, in case of a problem or emergency. Please keep this information where you can find it easily. Our agency has nursing staff available by phone 24 hours a day, including nights, weekends, and holidays. Please call the nurse-on-call at Sure Care Home Health at (630) 295-9058 if you have:

Heart/Lung Problems

- A productive or frothy cough
- New congestion
- Increased shortness of breath
- More swelling in your legs or feet
- Weight gain of 2 pounds in 24 hours

Signs of infection

- Increased redness
- More or different drainage
- Wound/area gets bigger
- Wound/area is more painful
- Temperature of 100 more
- Change or new odor from a wound

Diabetic Problems

- Drowsiness
- Sudden weakness
- Uncontrollable thirst or hunger
- Sudden dizziness
- Sweating spells
- Frequent headaches
- Itching
- Blood sugar level greater than 300 or less than 60

Too much Blood Thinner

- Bleeding from nose, mouth, gums, rectum
- Bruising
- Leg pain
- Tarry stools

Urinary Problems

- Foul odor to urine
- Catheter not draining
- Back or flank pain
- Are not able to urinate
- Increased weakness
- Bloody, cloudy or change in urine color
- Body aches

Other Problems

- New skin problems
- Change in balance, coordination, strength
- Fall with small or no injury
- Change in mental status